

# Yuko Hara

## Curriculum Vitae

Maryland Population Research Center  
2105 Morrill Hall, College Park, MD 20742

Email: [yhara@umd.edu](mailto:yhara@umd.edu)

### Scholarly interests

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Gender, work, and family; Health and health behaviors; Family planning and reproductive health; Medical Sociology; Demography; Quantitative research methods

### Academic appointment

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**Maryland Population Research Center – University of Maryland, College Park, MD**

*Postdoctoral Associate (Supervisor, Professor Michael S. Rendall)*

2023 – present

### Education

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**University of Maryland – College Park, MD**

2022

Ph.D. in Sociology

**Dissertation:** “Gender-Specific Significance of Family Transitions on Well-being and Work Attitudes” *Committee:* Drs. Feinian Chen (Chair), Wei-hsin Yu, Sangeetha Madhavan, Liana C. Sayer, and Kerry M. Green

Graduate Certificate in Population Studies

**University of Maryland – College Park, MD**

2017

Master of Arts in Sociology

**Harvard University – Cambridge, MA**

2007

*Fulbright scholar*

Master of Arts in East Asian Studies

**Keio University – Tokyo, Japan**

2001

Bachelor of Arts in Sociology

(Study abroad at Brown University, RI, 1999 - 2000)

### Publications

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- Hara, Yuko. 2023 “Gender Differences in Scaling Back: Family Formation and Aspirations toward Work Achievement among Japanese Adults.” *Socius*, forthcoming.
- Yu, Wei-hsin and Yuko Hara. 2023. “Stability and Relevance of Marriage Desires: Importance of Age Norms and Partnering Opportunities.” *Journal of Marriage and Family* 85: 391–412.
- Hara, Yuko. 2022. “Changes in Family Roles and Subjective Well-being among Japanese Adults.” *Journal of Family Issues* 43 (3): 669–792.
- Yu, Wei-hsin and Yuko Hara. 2021. “Motherhood Penalties and Fatherhood Premiums: Does Parenthood Have the Same Effects within and across Firms?” *Demography* 58 (1): 247–272.
- Yu, Wei-hsin and Yuko Hara. 2020. “Job Characteristics, Marital Intentions, and Partner-Seeking Actions: Longitudinal Evidence from Japan.” *Demographic Research* 43: 1429-1564.
- Madhavan, Sangeetha, Shelley Clark, and Yuko Hara. 2018. “Gendered Emotional Support and Women’s Well-Being in a Low-Income Urban African Setting.” *Gender and Society* 32 (6): 837-859.

### Manuscripts under review / in preparation for submission

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- Eeckhaut, Mieke and Yuko Hara. “Reproductive Oppression Enters the 21<sup>st</sup> Century: Pressure to Use Long-Acting Reversible Contraception (LARC) in the Context of “LARC First.”” *Unver Review*.
- Hara, Yuko. “How Does Family Formation Affect Health-related Behavior? The Case of Meal Skipping.”
- Hara, Yuko and Michael S. Rendall. “Birth Intention Time Horizon as a Predictor of Contraceptive Method Effectiveness.”
- Hara, Yuko. “How are marriage and cohabitation linked with weight perception and weight management?”
- Hara, Yuko and Wei-hsin Yu. “Desired Spousal Characteristics and Marriage among Singles in Japan.”

**Awards and Honors**


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▪ University of Maryland Department of Sociology Harriet B. Presser Fellowship	2020 - 2021
▪ DC Sociological Society Irene B. Taeuber Graduate Student Paper Award	2020
▪ University of Maryland BSOS Dean's Research Initiative Doctoral Dissertation Research Award	2020
▪ University of Maryland William Form Summer Fellowship	2017
▪ National Science Foundation Graduate Research Fellowship ( <i>honorable mention</i> )	2017
▪ University of Maryland BSOS Dean's Pre-candidacy Research Initiative Award	2016
▪ University of Maryland Dean's Fellowship	2015
▪ Harvard University Joseph Fletcher Memorial Award for excellence in an M.A. thesis ( <i>honorable mention</i> )	2007
▪ Fulbright Award for graduate study at Harvard University	2005 - 2007
▪ Keio University Exchange Program Scholarship	1999 - 2000

**Selected Conference Presentations**


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▪ Eeckhaut, Mieke and Yuko Hara. "Pressure to Get or Keep LARC: Estimates from the 2021 Delaware and Maryland Survey of Women." Inequality in Fertility and Reproductive Health Session at the Population Association of America Annual Meeting, New Orleans. Forthcoming 2023	
▪ Hara, Yuko. "How are marriage and cohabitation linked with weight perception and weight management?" Marriage and Family Session at the Eastern Sociological Association Annual Meeting, Baltimore. 2023	
▪ Hara, Yuko and Wei-hsin Yu. "Desired Spousal Characteristics and Marriage among Singles in Japan." Princeton University, Research on East Asian Demography and Inequality, Student/Postdoc Seminar, Online. 2022	
▪ Hara, Yuko and Michael S. Rendall. "Birth Intention Time Horizon as a Predictor of Contraceptive Method Effectiveness." Outcomes of Pregnancy Intentions Session at the Population Association of America Annual Meeting, Online. 2021	
▪ Yu, Wei-hsin and Yuko Hara. "Job Characteristics, Marital Intentions, and Partner-Seeking Actions: Longitudinal Evidence from Japan." Social Sciences Korea Conference: Family Changes and Inequality in East Asia, Philadelphia, PA. 2019	
▪ Hara, Yuko. "Marriage, Parenthood and Self-assessed Health among Japanese Adults." Marriage, Family, Households, & Unions; Gender, Race & Ethnicity Poster Session at the Population Association of America Annual Meeting, Austin, TX. 2019	

**Teaching Experience and Training**


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▪ Faculty instructor for Introduction to Sociology at Montgomery College	Summer 2022
▪ Completed University Teaching and Learning course (Graduate level)	Fall 2019
▪ Lab instructor for Introduction to Research Methods in Sociology	Spring 2019
▪ Discussion instructor for Women's Jobs, Men's Jobs: How and Why Do They Differ?	Fall 2018
▪ Teaching assistant for Sociology of Gender	Spring 2016
▪ Discussion instructor for Human Societies	Fall 2015

**Research Experience****University of Maryland – College Park, MD**


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*Research Assistant for Prof. Michael S. Rendall, Department of Sociology and Maryland Population Research Center* 2019 – 2022

- Data analysis and manuscript writing

*Research Assistant for Prof. Wei-hsin Yu, Department of Sociology* 2018 – 2019

- Data analysis

*Research Assistant for Prof. Sangeetha Madhavan, Department of African American Studies* 2017

- Data analysis and literature review for manuscript, grant proposal

**Harvard University – Cambridge, MA**

2010 – 2015

*Research Assistant for Prof. Mary C. Brinton, Department of Sociology**Project manager for NSF-funded project: “Explaining Lowest-Low Fertility in Postindustrial Societies”*

- Conducted 40 in-depth structured interviews in Tokyo
- Coded 81 Japanese interview scripts and analyzed findings

**Professional Experience****Japan Bank for International Cooperation – Washington, DC**

2014 – 2015

*Researcher***Intage Inc. – Tokyo**

2007 – 2010

*Market Research Analyst***Sony Corporation – Tokyo**

2001 - 2004

*Marketer, Overseas Marketing Department***Service****University of Maryland**

- Tenure-Track Faculty Search Committee 2022
- Award Committee Representative, Graduate Student Forum 2017 – 2019

**Asian Task Force Against Domestic Violence (NPO) – Boston, MA**

- Volunteered in fundraising at 2010 Silk Road Gala 2010
- Summer Intern 2006

**Professional Membership**

- American Sociological Association
- Population Association of America
- Eastern Sociological Society